

# Colorado Behavioral Health Summit Agenda

#### **November 13th**

## **Pre-Session (Optional)**

- 8:00am- Optional Pre-Session Land Logic Training
- 10:00am- Ag Behavioral Health Work Group Meeting

## **Regular Session**

- 11:00am- Welcome Lunch
- 11:40am- AgWell Overview and Organizational Introductions (Open Mic)
  - Attending organizations will have a brief opportunity to discuss their intention for this summit; and what insights they're hoping to gain and behavioral health programming they want to develop within their organization.
- 12:00pm- "Understanding Agrarian Challenges: Methods and Practices to Improve Connection and Behavioral Health Outcomes"
  - This session will give attending organizations the framework, tools, and skillset to better understand the struggles and hardships of farmers and ranchers. We will discuss methods to understand values, and to improve communication, interpersonal connection, and cultural competency.
- 1:00pm- Welcome Messages
  - Colorado Attorney General Phil Weiser (*Invited*)
  - Senator Michael Bennet (*Invited*)
  - BHA Commissioner Dannette Smith (*Invited*)
- 1:30pm- Break
- 1:45pm- "Integrating Producer Support into Organizational Structures Panel"
  - This panel will give ag adjacent organizations and partners an opportunity to share knowledge and best practices focusing on behavioral health, and how they have incorporated agricultural wellness programming into the foundation of their work. We will discuss the following topics:
  - How are they engaging membership and the producers they are working with around these topics. What innovative programs are they developing or facilitating?
  - What has worked for them, what has been most challenging?

- We will discuss tools that can be utilized to help participants integrate wellness into their organization so membership, producers, and farmworkers can receive these as a part of their benefits.
- 2:45pm- Organizational Spotlights
  - This session will be an opportunity for those organizations that are directly working in the realm of wellness in Ag to share what programs they would like to highlight and the methods used to implement those programs and their impact.
  - 5-7 minute spotlight with 3-5 minutes for questions.
- 3:45pm- Break
- 4:15pm- Organizational Spotlights Part 2
  - Any organizations that have not yet had an opportunity to share their work will do so in this session.
  - 5-7 minute spotlight with 3-5 minutes for questions.
- 5:00- Wrap Up
- 5:30-8:00pm- Social and Dinner at Farm Brewery
  - o 2070 County Rd 12 S, Alamosa, CO 81101

#### November 14th

- 8:30am Organizational Networking
  - This will involve separating attendees into tables organized by topic. It will be an opportunity to recap and for people to discuss any programs and practices that were shared. This is a knowledge transfer and brainstorming session designed to provide attendees with the information they need to make organizational change. (examples: substance abuse, youth, prevention..)
- 10:00am- Break
- 10:30am- Understanding Agrarian Challenges in Practice
  - How do we go about having hard conversations with producers.
  - Abbreviated COMET Discussion.
  - How do we acknowledge agrarian challenges and how can we address the gaps and needs that still remain. i.e. connecting people to resources etc...
- 11:30am- Kate Greenberg Address
- 12:00pm- Lunch and Discussion
  - Encourage people to reflect on the intention they set on the first day. Talk about the connections they made at the summit and how they see it directly impacting their work going forward.
- 1:00pm- Close