



## Colorado Behavioral Health Summit Agenda

November 13th

### Pre-Session (Optional)

- 8:00am- Optional Pre-Session Land Logic Training
- 10:00am- Ag Behavioral Health Work Group Meeting

### Regular Session

- 11:00am- Welcome Lunch
- 11:40am- AgWell, BHA, and CDA Overview and Organizational Introductions ( Open Mic)
  - Attending organizations will have a brief opportunity to discuss their intention for this summit; what insights they're hoping to gain and behavioral health programming they want to develop within their organization.
- 12:00pm- "Understanding Agrarian Challenges: Methods and Practices to Improve Connection and Behavioral Health Outcomes"
  - This session will give attending organizations the framework, tools, and skillset to better understand the struggles and hardships of farmers, ranchers, and agricultural workers. We will hear directly from producers and farmworkers to better understand their struggles, values, and needs. We hope this will help attending

organizations to improve communication, interpersonal connection, and cultural competency.

- Speakers

- *Elena Miller*
- *Jesus Flores*

- 1:00pm- Welcome Messages

- Governor Jared Polis
- Attorney General Weiser
- BHA Commissioner Smith

- 1:30pm- Break

- 1:45pm- “Integrating Support into Organizational Structures Panel”

- On this panel we will hear from individuals representing ag labor, technical assistance (extension, SWCD), behavioral health provider organizations, and ag advocacy. This will be a knowledge share session where we will learn strategies focusing on behavioral health, and how they have incorporated agricultural wellness programming into the foundation of their work. We hope that attendees and panelists can walk away from this session with new insights on how to better meet the needs of producers and farm workers.

- How are they engaging membership, producers, and farm workers, around these issues? What innovative programs are they developing?

- What has worked for them, what has been most challenging?

- We will discuss tools that can be used to help participants and attendees integrate these proven methods into their work to deepen their impact

- Speakers

- *Chad Reznicek- Moderator, CSU Agrability*
- *Bill Brinton*
- *Carol Gurule*
- *JC Carrica*

- 2:45pm- Organizational Spotlights

- This session will be an opportunity for those organizations that are directly working in the realm of wellness in Ag to share what programs they would like to highlight, the methods used to implement those programs, and their impact.
- 5-7 minute spotlight with 3-5 minutes for questions.
- 3:45pm- Break
- 4:15pm- Organizational Spotlights Part 2
  - Any organizations that have not yet had an opportunity to share their work will do so in this session.
  - 5-7 minute spotlight with 3-5 minutes for questions.
- 5:00- Wrap Up
- 5:30-8:00pm- Social and Dinner at Farm Brewery
  - 2070 County Rd 12 S, Alamosa, CO 81101

## **November 14<sup>th</sup>**

- 8:30am – Organizational Networking
  - This will involve separating attendees into tables organized by topic. It will be an opportunity to recap and for people to discuss any programs and practices that were shared. This is a knowledge transfer and brainstorming session designed to provide attendees with the information they need to make organizational change. (examples: substance abuse, youth, prevention..)
- 10:00am- Break
- 10:20am- Understanding Agrarian Challenges in Practice
  - How can we address the gaps and needs that still remain. i.e. connecting people to resources etc...
    - Grief in Agriculture - Grace Powell
    - Chad Reznicek- Land Logic
- 11:50am- Commissioner of Agriculture Kate Greenberg
- 12:00pm- Lunch and Discussion

- Encourage people to reflect on the intention they set on the first day. What connections have you made, programs that you want to apply directly to your work moving forward?
- 1:00pm- Close